



THE
BOAT RACE
OXFORD  CAMBRIDGE

26 MARCH 2023

Racing from 16:00 BST

Putney - Mortlake



theboatrace.org



THE GEMINI BOAT RACE 2023

Sunday 26 March 2023
ALL TIMES ARE BST (GMT + 1)

16:00 77TH WOMEN'S BOAT RACE

16:15 WOMEN'S RESERVE RACE - OSIRIS V BLONDIE

16:30 MEN'S RESERVE RACE - ISIS V GOLDIE

17:00 168TH MEN'S RACE



@theboatrace



@theboatrace



@theboatrace

#TheGeminiBoatRace #TheBoatRace2023

BACKGROUND

THE BOAT RACE 2023

The Boat Race is one of the world's oldest and most famous amateur sporting events.

The first Men's Boat Race took place on 10 June 1829 at Henley-on-Thames, Oxford winning this race easily, and their winning boat can still be seen in the River & Rowing Museum in Henley.

The Women's Boat Race was first held in 1927 on the Isis in Oxford but only raced intermittently until the mid-1960's. From 1977 until 2014 The Women's Boat Race was held at Henley-on-Thames. In 2015 the women's race moved to the Championship Course, taking place over the same distance as the men's race.

With the restrictions on sporting events as a consequence of Covid, the 2020 race was cancelled and then in 2021 the race was held at Ely before it returned to the Championship Course in 2022

On 3 April 2022, Cambridge retained their title as winners of the Women's Boat Race for the fifth consecutive year, 2 1/2 lengths ahead of Oxford. Both crews broke the course record set in 2017. Cambridge set a winning record time of 18:23

Oxford men broke Cambridge's five year winning streak in the Men's Boat Race winning by 2 1/4 lengths in a time of 16:42. This equals the winning Oxford time in 2005, a time which has not been matched since.





KEY MESSAGES

The Gemini Boat Race is on Sunday 26 March.

We will be LIVE on BBC One from 15:30 - 17:45

Race Times

16:00 77th Women's Race

16:15 48th Women's Reserve Race - Osiris v Blondie

16:30 58th Men's Reserve Race - Isis v Goldie

17:00 168th Men's Race

The Gemini Boat Race is free to attend.



Join us in The Gemini Boat Race Fan Parks: Open on RACE DAY
from 12:00 - 18:30

Fulham (Bishops Park)

Hammersmith (Furnival Gardens)

Enjoy big screens showing live BBC coverage, delicious street food, Chapel Down English Sparking Wine (Bishops Park), beer from Shepherd Neame and much, much more!

THE 77TH WOMEN'S BOAT RACE

The Women's Boat Race first took place in 1927 but was raced intermittently until the mid-1960's.

The first Women's race was held on the Isis in Oxford. The first few races were not decided in a side-by-side contest but were judged on "time and style"; the two crews were not allowed on the river at the same time! From 1935 the races became contests over 1000 yards or a 1/2 mile, on either the Cam, the Isis or on one occasion on the Tideway at Barnes.

From 1977 to 2014 the race took place at Henley-on-Thames as part of The Henley Boat Races.

In 2015 the Women's Blue Boat and Women's Reserve Race moved to the Tideway and is now an integral part of The Boat Race programme with both men's and women's races taking place over the same course on the same day. The women's teams have received the same funding as the men's teams since 2014.

The Boat Race 2023 will be the 77th Women's Boat Race. Cambridge are the defending champions.

Cambridge lead the Blue Boat results tally by 46 to 30.

2023 will be the 48th Women's Reserve Race. Cambridge are defending champions.

Cambridge lead the Reserve results tally 27 to 20

THE 168TH MEN'S BOAT RACE

The Men's Boat Race first took place in 1829 after two friends from Harrow School, Charles Wordsworth (nephew of the poet William Wordsworth), of Christ Church College, Oxford, and Charles Merivale of St. John's College, Cambridge, met during the vacation in Cambridge and decided to set up a challenge.

The first Men's Boat Race took place on 10 June 1829 at Henley-on-Thames, Oxford winning this race easily, and their winning boat can still be seen in the River & Rowing Museum in Henley.

For the next 25 years contests only happened on an irregular basis, moving to London for the second race in 1836.

A number of unofficial races took place in the inter-war years when bomb damage made it impossible to race in London, including a race at Ely in 1944. The Race was also held in Ely during the Covid pandemic.

The Boat Race 2023 will be the 168th Men's Boat Race. Oxford are the defending champions.

Cambridge currently lead the results tally by 85 to 81 (with one dead heat recorded in 1877).

2023 will see the 58th Men's Reserve Race. Oxford are the defending champions.

Cambridge lead the Reserve results tally 32 to 25

THE CHAMPIONSHIP COURSE

THE GEMINI BOAT RACE 2023

- The Boat Race course, known as The Championship Course is 4 miles, 374 yards or 6.8 km long. It stretches from Putney to Mortlake on the River Thames.
- The course is defined by two stones on the southern bank of the river, marked "U.B.R." for University Boat Race: one just upstream of Putney Bridge, the other just downstream of Chiswick Bridge, close to The Ship public house.
- The Fulham and Chiswick north side of the course is known as the Middlesex station and the Putney and Barnes south side of the course is known as the Surrey station.
- The Presidents of each crew toss for the choice of 'station' and each crew must maintain their station throughout the race unless they get 'clear water' meaning a lead of more than one boat length.
- The Boat Race is rowed upstream, but is timed to start on the incoming "flood" tide.
- The Women's Boat Race starts 2.5 hours before high tide and the Men's Boat Race 1.5 hours before high tide. This is so that the crews are rowing with the fastest possible current.
- The Mile Post marker is a stone obelisk forming a memorial to Steve Fairbairn, founder of the men's Head of the River Race. It was erected by members of Jesus College Boat Club (Cambridge), Thames Rowing Club and London Rowing Club and is precisely a mile from the Putney stone.
- Hammersmith Bridge provides a key point on the course with the coxes traditionally aiming for the second lamppost away from the left hand buttress of the Bridge as the ideal line as this is the deepest part of the river with the fastest stream.

THE COURSE

- After Hammersmith the crews pass alongside Chiswick Eyot which is an uninhabited river island.
- The next timing point is at Chiswick Steps – which is where the steps for the ferry which used to run across to the slipway in front of St Nicholas' Church on the north side.
- The final timing point before the finish is Barnes Railway Bridge where crews must pass through the centre arch.



GEMINI

THE
BOAT RACE
OXFORD X CAMBRIDGE

SUNDAY 26TH MARCH

THE GEMINI BOAT RACE, FULHAM FAN PARK

THE BEST PLACE TO EXPERIENCE THE RACE WITH FRIENDS AND FAMILY

LOCATED NEXT TO FULHAM FC (BISHOP'S PARK)  CLOSEST TUBE: PUTNEY BRIDGE

FREE ENTRY / LIVE RACE ON BIG SCREEN / FOOD & DRINK

DOORS 12 NOON - 6:30PM

      

UMPIRING THE BOAT RACE

The Boat Race is always umpired by an 'old Blue', with an ex-Oxford rower alternating year-on-year with an ex-Cambridge rower. The Umpire is there to ensure neither crew commits a "foul" by warning them to keep to their own racing line.

If either crew should experience equipment failure before an agreed marker, approximately 500m into the race, the Umpire may declare "No Race" and the race can be restarted from the beginning.

MEN'S BOAT RACE UMPIRE

ANTONY REYNOLDS



Antony studied for a PGCE at Pembroke College, Cambridge, rowing at bow in the 1984 Blue Boat. He has umpired the Osiris-Blondie race twice in 2020 and 2022, and umpired the Isis Goldie race in 2021.

When not umpiring Antony runs an IT consultancy for small businesses.

For the first 69 Women's Boat Races, Umpires and race officials were drawn from a supportive group of highly experienced volunteers, who may not have attended either university. From 2015, with the move to the Championship Course, the Women's Boat Race began to follow the tradition of the Men's Race and with races umpired by 'Old Blues'.

WOMEN'S BOAT RACE UMPIRE

MATT SMITH



Matt read Biological Sciences at St Catherine's College, Oxford, followed by Sports Physiology at St Anne's. He rowed in Blue Boats from 2000 to 2003 and was President in 2003. Matt was involved in some of the closest and most controversial races in recent history, including the restart in 2001, and the Oxford victory by one foot in 2003. Matt is now co-head of the Private Equity division at Foresight Group, where he works alongside former Cambridge Blue, James Livingston, investing in small companies throughout the UK and beyond.

CAMBRIDGE WOMEN'S CHIEF COACH

PATRICK RYAN



Patrick Ryan has been with Cambridge since 2013, now as Chief Coach he is continuing to help athletes develop their passion for rowing.

"Education and legacy are important motivations, leaving a place better than I found it," Ryan stresses.

"I love it when people experience winning, I think it's really valuable, but the most important thing – and what I said to these athletes right at the start of the journey – is that we will judge ourselves by the journey we have this year, not by the result. The result is the icing on the cake"

CAMBRIDGE WOMEN'S PRESIDENT

CAOIMHE DEMPSEY



Caoimhe is in her third year of her PhD in Developmental Psychology at Newnham. She did her BA at Trinity College Dublin.

"I have been hugely fortunate to be a part of the CUBC team for three years, and rowed in the Blue Boat in 2021 and 2022. I'm looking forward to building the program with Paddy Ryan and Autumn Mantell, and working with the amazing 2023 Squads"

OXFORD

WOMEN'S CHIEF COACH

Oxford University Women's Boat Club was established in 1927 and trains with a mission to win the Boat Race with the best supported and prepared team. T

ANDREW NELDER



Andrew has been coaching in Oxford since September 1997 and is in his fifth season as OUWBC Head Coach.

His involvement in The Boat Races began in Autumn 2001, when he was appointed as Head Coach of the Oxford University Lightweight Rowing Club a position he held until 2006.

During his tenure the club won the lightweight Boat Race all 5 years, a club record that still stands. Andrew then moved to become the Assistant Coach at the OUBC where he worked with Sean Bowden for 11 years, winning the Isis v Goldie race 9 times, including 7 successive victories from 2011-2017.

Speaking at the crew announcement Andy said "We are looking forward to the final month of training before the Boat Race on 26 March"

OXFORD

WOMEN'S PRESIDENT

SARA HELIN



Sara Helin is studying Engineering Science at St. Peter's College.

She picked up an oar for the first time on a fishing boat in Finland with her grandfather. Sara learned to row at Borlase Boat Club in 2014 and entered the junior rowing trialling circuit, picking up a National Schools Regatta medal before university. Sara has rowed twice in Osiris, most recently in 2022 at seat 7.

Sara cites becoming President of OUWBC as one of her proudest achievement to date.

"Can we win? Absolutely! We have a fresh start and great athletes who are ready to work hard!"

OXFORD

MEN'S CHIEF COACH

Oxford University Boat Club was established in 1829 with the sole objective of winning the Boat Race.

SEAN BOWDEN



Sean has been Chief Coach since 1997 and is one of the most successful Boat Race coaches of all time. His first win in 2000 put an end to Cambridge's seven year winning streak and started a period of Oxford supremacy, winning 12 of the last 18 races.

Prior to joining Oxford, Sean had been the Head Coach of the successful British Lightweight Rowing Team and a Team GB Olympic coach. He also won two Boat Races for Cambridge as one of the coaches in 1993 and 1994.

OXFORD

MEN'S PRESIDENT

TASSILO VON MUELLER



Tass came to Oxford in 2021 for an MSc in Mechanical Engineering at Hertford. He was 7-seat of the winning Isis boat in 2022.

Tass started rowing in Essen, Germany, on the windy Baldeneysee. He first learned to scull and won five national titles for his home club Ruderklub am Baldeneysee. Tass then studied and competed at Princeton University.

There he stroked the Varsity Eight for 2 years and was elected captain in his final year. As a junior he earned a silver medal at the European Championships, before becoming an Under 23 Bronze medallist in 2021 in the Eight.

"Can we win? Yes - I know that I'll look back on this campaign and think it will have been worth the sacrifice."

CAMBRIDGE MEN'S CHIEF COACH

ROBERT BAKER



Rob Baker has been coaching in Cambridge for 20 years. With this his fifth year as Chief Coach of the Cambridge men's squad.

"Crew announcement is an exciting time for all involved. Whilst those selected know it's still a month to the race and anything can happen, it is still one of the key points in the season and great to be able to visualise your opposite number.."

CAMBRIDGE MEN'S PRESIDENT

OLLIE BOYNE



Ollie is in his second year of a PhD in Computer Vision at Downing College. He did his undergraduate Engineering degree at Downing.

2023 is Ollie's third campaign with CUBC. He coxed Goldie in 2021 and 2022:

"I'm honoured to be leading the Openweight Men's squad into this season as we seek to take back the title from Oxford.

"I look forward to working closely with Caoimhe and Harry, along with Rob Baker and Bill Lucas, to build the best crews possible, and to take on all comers, domestic and international."

BOAT RACE PARTNERS

BRCL is grateful for the support of all of its partners working to deliver The Gemini Boat Race 2023



Gemini is a simple, reliable, and secure platform to build your crypto portfolio. Buying, selling, and storing your cryptocurrency has never been easier.

As the Principal Partner of the Boat Race, Gemini is excited to bring their retail and institutional cryptocurrency services to new audiences as they continue to build their presence in the UK.



"We're more than just a place to stay. We're here for the moments that matter."

Graduate Hotels is a collection of handcrafted hotels in university-driven towns across the globe. Walk through our doors and you're instantly immersed in the local culture and charm unique to each city.

We honour community and are here to celebrate life's moments – from the bonds with your teammates turned friends, to respected traditions and monumental wins.

We're proud to be the Official Hotel Partner of The Boat Race and a part of your moments that matter at Graduate Cambridge and The Randolph Hotel by Graduate Hotels in Oxford.



Founded in 1937, Baltimore-based T. Rowe Price Group, Inc. ([troweprice.com](https://www.troweprice.com)) is a global investment management organization with US\$ 1.28 trillion in assets under management as of 31st December 2022.

The organization provides a broad array of mutual funds, subadvisory services, and separate account management for individual and institutional investors, retirement plans, and financial intermediaries. The company also offers sophisticated investment planning and guidance tools. T. Rowe Price's disciplined, risk-aware investment approach focuses on diversification, style consistency, and fundamental research.

hydrow

Hydrow is a state-of-the-art rowing machine that brings the on-water, outdoor experience of rowing directly to your home. Work 86% of the body's major muscle groups with challenging workouts that are high-energy and low-impact.

Hydrow workouts are filmed live, outdoors, on stunning waterways around the world - from the Thames to the Charles to Lake Lucerne. Led by world-class Athletes, each workout features expert guidance and unmatched motivation.

One Hydrow Membership comes with unlimited profiles for the whole family, so you'll all have access to live and on-demand workouts including rowing, Pilates, yoga, strength, conditioning, and more.



As a truly British brand, Chapel Down is excited to work in partnership with one of the country's most iconic sporting events, The Gemini Boat Race, and its sparkling wine will be enjoyed by the Oxford and Cambridge squads at the finish line.

Chapel Down is England's leading winemaker and one of the UK's most exciting drinks companies. Situated in the heart of the Garden of England, Kent, Chapel Down combine traditional method and innovative wine making techniques with the finest English fruit to create award-winning wines.



Starting out in 2017, trail blazers Rival Kit have changed how clubs up and down the country get their rowing gear. Founded and run by ex athletes, Rival Kit understands the necessity of high quality, consistent kit for rowers to push their limits in both training and racing. The focus on great quality, custom kit delivered straight to your door has set Rival Kit apart from the competitors, and kickstarted a revolution making rowing kit (and therefore the sport as a whole) more accessible to people of all age ranges and backgrounds.

With rowing at the core of Rival Kit's DNA, the brand understands the challenges the athletes face and are absolutely honoured to become part of the long, decorated history of one of the sport's premier events by gearing up some of the best rowers in the world for the 168th Men's and 77th Women's Gemini Boat Race on Sunday 26th March 2023.



BBC Sport is once again The Boat Race broadcast partner for the 166th Men's and Women's 75th Boat Race.

The BBC has been covering The Boat Race on television for 83 years

During the course of over 2.5 hours on BBC 1, Clare Balding will present the build-up to the race with an array of guests and an eclectic mix of imaginatively crafted, creative and entertaining features to provide an insightful look into the mindset and personality of the crews. This year guests will discuss the challenges all the students have faced over the past 12 months to reach the start line.

OFFICIAL SUPPORTERS



Britain's oldest brewer Shepherd Neame is excited to partner with one of the world's oldest and most iconic sporting events, The Boat Race.

An independent family business, Shepherd Neame is an award-winning brewer and pub operator based in Faversham, Kent. Brewing continuously for over 300 years, brands from its diverse portfolio will be served at the Boat Race: Bear Island East Coast Pale Ale, Spitfire Lager and Orchard View Cider. A speciality brewer, Shepherd Neame also brews international lagers under license, and the original Thai lager, Singha, will also be on offer.

As part of its brief, Row360 Editor, Ben Tufnell, is the Official Boat Race Photographer. Ben and Deputy Editor, Tom Ransley, have also produced a series of short films following the crews as they prepare for The Gemini Boat Race.

Launched in 2014, Row360 is the world's most widely circulated rowing magazine. Ben is an ex-junior GB international rower; he has rowed on both sides of the pond, having won a rowing scholarship to the University of California, Berkeley. Tom Ransley is a British Olympic gold and bronze medallist rower from the Rio 2016 and London 2012 Olympic Games. Before joining the GB Olympic team, Tom studied at Cambridge University and competed in two Boat Races for the Light Blues, where he suffered two gruelling defeats.

Tom knows the race, and its challenges, inside out.



Positively Putney is a business owned and led, not for profit limited company, working to maximise Putney's potential and making it a vibrant and attractive place for those who work, live and visit Putney.

In support of The Boat Race the businesses come together to create a vibrant and entertaining space at St Mary's Church Square for the public to engage with and make the most of Race Day.

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Of the RNLI's 238 lifeboat stations, the busiest two are to be found not on the coast, but in London. RNLI Tower and RNLI Chiswick are two of four lifeboat stations that have been operating on the Thames since 2002, covering a 90-mile stretch, bookended by our two other Thames stations, Gravesend and Teddington. There's a constant stream of commercial and leisure traffic, and the tide rises and falls by up to 7m. The river flows as fast as 5mph – enough to overpower even the strongest swimmer. The dynamic nature of the Thames means it needs a dynamic lifeboat service to match.

Since 2002, the RNLI's Chiswick lifeboat station has supported The Boat Race with its E-class lifeboat. The crew are on hand to keep The Boat Race competitors safe, as well as the thousands of spectators who line the banks of the Thames on race day. In 2016, the RNLI bolstered its lifesaving service with the addition of nine Arancia-class lifeboats crewed by lifeguards. These are strategically positioned along the Championship Course to keep the public safe while the tide is incoming.



With the generous support of our title sponsor, Gemini, and its founders Cameron and Tyler Winklevoss, The Boat Race Fund was launched in 2021 with a clear mission to support and engage young people across the UK through rowing.

Everyone involved with the Race knows the positive impact that the development of physical and mental well-being, alongside academic skills, has on young people. We want more young people to access a sport we are all passionate about.

The Boat Race Fund is governed and managed by Trustees from the Oxford and Cambridge Rowing Foundation. Our aim is to pull together to make a positive difference to the lives of young people.

Our goals are to remove barriers and increase inclusion within rowing by supporting the work of dedicated and highly skilled organisations across the UK. We work as a crew, all playing our part to support the next generation of rowing enthusiasts.

How does The Boat Race Fund target support?



Working with partner organisations

This is an ambitious initiative, and we seek to work with transformative organisations able to deliver life changing experiences through sport. Through collaboration with grassroots engagement experts this initiative aims to give young people access to a sport they may not have had the opportunity to find before. We will work with organisations who utilise rowing machines as well as rowing boats and whose ambitions for young people go beyond sport.



BEHIND EVERY KICK



BRIXTON WINGS



ELY COLLEGE



FIRHILL COMMUNITY



FULHAM REACH BOAT CLUB



LONDON YOUTH ROWING - LEEDS



WARRINGTON YOUTH ROWING

Removing barriers

We are committed to lessening financial hurdles and widening access to a new generation of rowers. The Boat Race Fund will alleviate obstacles, such as access to rowing kit and equipment, increase awareness across communities and give logistical support including travelling to and from the rowing club to ensure students feel comfortable and safe.

Increasing inclusion

We aim to engage a new generation of potential rowers across a broader range of socio-economic backgrounds and build a bridge between sport and underserved communities. Funding support will be utilised to provide rowing instruction, mentorship, facilities, and education to students by removing the financial barriers that often prevent them from taking part..



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RIVAL KIT

